

Plans look great on paper, until reality hits

Realistic crisis simulations that test your people, decisions, and communication before a real incident does.

The gaps documents never reveal

A plan can be complete, current, and approved, and still fall apart the first time it meets a real incident. Unclear responsibilities, slow decisions, and communication breakdowns do not show up in a document review. They show up under pressure.

We simulate a realistic incident and guide your leadership and operational teams through the response live. Then we turn what happened into improvements with owners against them.

Three hours.

Most exercises run two and a half to three hours, with scoping before and a report after. Long enough to find the gaps no document would ever show you. Short enough that your leadership team will actually turn up.

What you are actually signing up for

Duration. A facilitated session of two and a half to three hours, depending on scenario complexity and objectives.

What surrounds it. Scoping beforehand to agree objectives and participants. A report afterwards. The session itself is the only part that needs the whole room.

Who is in the room. Leadership, plus the operational and technical people who would actually respond. We tailor the room to the scenario.

The scenario. Designed around your risks and maturity. Nothing off the shelf.

Nothing goes near production. Discussion-based throughout. No systems touched, no downtime, no risk to live services.

What you leave with. Findings across decisions, communication, and response, plus a prioritised list of improvement actions.

What surfaces under pressure

- 01 **Roles and responsibilities.** Whether they are actually understood: who does what, and where the responsibilities lie.
- 02 **Incident response.** The ability and structure to initiate a response: analysis, containment, and preservation of evidence.
- 03 **Decision-making under uncertainty.** The decisions and recommendations that have to be made on incomplete information.
- 04 **Communication.** Information sharing with internal and external parties: what goes up to crisis management, and what comes back.

Who it is for

Leadership teams.

Practise the decisions and communications a real crisis demands.

Incident responders.

Rehearse coordination before it counts.

Regulated organisations.

Documented evidence of exercising for auditors and regulators, as NIS2 and DORA both expect.

From scenario design to concrete improvements

01	02	03	04
Scope.	Simulate.	Evaluate.	Improve.
Agree objectives, participants, and the scenarios that fit your risks and maturity.	Facilitate the exercise live, injecting events and pressure as a real incident would.	Assess performance against what good looks like.	Translate lessons learned into concrete, owned improvement actions.

Why Syndis

Based in Iceland, Sweden, and Poland. Serving clients globally.

Our facilitators work real incidents. The scenarios we run are built from how incidents actually behave, including the parts that never make it into public write-ups: the supplier nobody can reach, the decision nobody wants to own, the statement that goes out too early.

ISO 27001

NIS2

DORA

Test your response before it counts

Tell us your risks and maturity. We design a scenario that fits. We respond to most inquiries within one business day.

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